

The Leadership Academy at Hope Chapel Kealapono
A Biblical View of The 7 Habits of Highly Effective People

Introduction

1 Corinthians 9:24-27

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What happens when you combine one of the most influential and impactful leadership books of all time with the Loving Guidance and Power of Jesus Christ? The 7 Habits are based on timeless principles that promote character development and help individuals achieve their highest potential. The 7 Habits emphasize proactive behavior, goal setting, prioritization, mutual benefit, communication, collaborative synergy, and continuous self-improvement. Join us this Saturday as we begin a study of The 7 Habits of Highly Effective People through the lens of the Bible and the Leading of the Holy Spirit.

- I. A Paradigm Shift [Romans 12:1-2]
 - A. Perceptions
 1. How they are formed
 2. How they govern the way we see
 3. How the way we see governs how we behave
 - B. Success
 1. Character Ethics
 2. Personality Ethics
 - C. Paradigm: the way we “see” the world – not in terms of our visual sense of sight, but in terms of perceiving, understanding, interpreting. Each of us tends to think we see things as they are, that we are objective. But this is not the case. We see the world, not as it is, but as we are – or, as we are conditioned to see it.
 - D. Paradigm Shifts move us from one way of seeing the world to another
 - E. The Character Ethic is based on the fundamental idea that there are principles that govern human effectiveness – natural laws that are just as real, just as unchanging, and unarguably “there” as laws of gravity are in the physical dimension.
 - F. Principles are guidelines for human conduct that are proven to have enduring, permanent value. They are fundamental. They’re essentially unarguable because they are self-evident
 - G. Introducing The 7 Habits of Highly Effective People. They are a principle-centered, character-based, inside-out approach to personal and interpersonal effectiveness.

II. The Maturity Continuum and The 7 Habits of Highly Effective People

- A. Private Victory (Habits 1-3) Emphasizes personal mastery, defining desired outcomes and focusing efforts to lay the internal groundwork for success.
 - 1. Habit 1: Be Proactive. Assume responsibility and focus on the things that can be influenced rather than what can't. [2 Timothy 1:7]
 - 2. Habit 2: Begin With the End in Mind. Define clear measures for success and create a plan to achieve them—in the next few hours, over the next few months, or across a lifetime. [Philippians 3:10-11]
 - 3. Habit 3: Put First Things First. Prioritize and spend time on achieving the most important goals. [Matthew 6:33]
- B. The Emotional Bank Account: a metaphor that describes the amount of trust that's been built up in a relationship. It's the feeling of safeness you have with another human being.
- C. Public Victory (Habits 4-6) Fosters collaboration and synergy with others, building strong relationships that allow us to accomplish more together than we could alone.
 - 4. Habit 4: Think Win-Win. Approach each situation looking for ways everyone can win. [Romans 15:14]
 - 5. Habit 5: Seek First to Understand, Then to Be Understood. Listen, understand, and honor others' perspectives, and have the courage to express thoughts and feelings respectfully. [James 1:19]
 - 6. Habit 6: Synergize. Leverage different perspectives to solve problems, innovate, and achieve more than any one individual alone. [1 Corinthians 12:4-7]
- D. Renewal (Habit 7) Emphasizes the need for self-renewal and continuous improvement to succeed in and sustain the other habits.
 - 7. Habit 7: Sharpen the Saw. Increase motivation, energy, and vitality by making time for renewal activities. [Matthew 11:28-30]

III. R.I.S.A.W. [1 Corinthians 9:24-27]